



What to wear to Forest School in Winter

Please ensure that your child has plenty of layers on. Don't forget those little feet can get very cold in wellies. Consider upsizing to get more pairs of socks on.

- Base layer of thermals such as tights/leggings/vest
- Pair of thick comfortable trousers (on top of the base layer)
- Long sleeved t-shirt or top
- Thick jumper
- Two pairs of socks. On the bottom, one thin cotton sock, and the top, a thick wool or fluffy bed sock ,**PLUS** spare socks to change into (water sometimes ends up going inside wellies)
- Thick fleece or coat if the coat/waterproof jacket is not insulated (a thin waterproof puddle suit can go over the school coat if it is big enough)
- Waterproofs (all in one suit or separate jacket & trousers, consider upsizing to get extra layers including a thick coat underneath for the winter months).
- Wellies/walking boots, snow boots that are waterproof and you don't mind getting muddy. (Consider thermal lined wellies to help with winter cold feet or upsizing to allow for wearing of multiple pairs of socks). (These will stay at Preschool)
- Gloves (ideally waterproof mittens, Decathlon do cheap ski mittens)
- Warm hat

ALWAYS ensure that your child has spare socks to change into back in school, just in case the ones they get wet (this happens more often then you may think).